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PERSONAL TRAINING & GYM INSTRUCTING

Advanced Learner Loan

Level 3

Nationwide

3 Month Course

Fully funded for eligible learners

- 18+ Years of age
- UK resident for the last 3 years
- Not enrolled in another government funded course

HOW IT WORKS

The Active IQ Level 3 Diploma in Personal Training & Gym Instructing is an affordable option for those looking to pursue a career in personal training.

With our flexible learning options, industry-leading curriculum, and experienced instructors, you can be sure this is an excellent investment.

This course is **CIMSPA accredited**. Upon completion, you'll be awarded 10 CPD points, allowing you to become a member with CIMSPA.

Curriculum

1. Anatomy and physiology for personal training
2. Lifestyle and medical factors affecting wellbeing
3. Effective communication skills
4. Conducting physical activity sessions
5. Legal and professional requirements
6. Setting up and managing a business



Learners will obtain a Level 3 Qualification in Personal Training & a Level 2 in Gym Instructing



This course is CIMSPA accredited and grants 10 CPD points



Training is carefully tailored to meet specific business needs



Access to gym facilities are required for you to be eligible for this course

Social Media

Instagram:

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