

Aspiring Manager, Future Leader: Health & Fitness

CMI Endorsed - Level 3 Equivalent

OVERVIEW

The Aspiring Manager, Future Leader programme is designed for individuals working within the sport, health and fitness sectors who are ready to progress into management and leadership roles. This CMI-recognised course develops the practical skills, confidence and knowledge required to lead teams, improve performance and contribute to organisational success.

Delivered flexibly through a remote learning platform by Educationwise, learners can study at their own pace while balancing work and personal commitments. With approximately 40 guided learning hours and no formal exams, the programme focuses on applied leadership tasks and real-world impact, supporting progression into supervisory and first-line management positions.

Key Features

- Develops practical leadership and management skills aligned with industry standards
- Builds confidence in leading teams, driving performance, and supporting organisational strategy
- Strengthens skills in communication, emotional intelligence, time management, and decision-making
- Focused on applied leadership tasks with no formal exams or assessments
- Includes full CMI membership with access to professional resources and networking opportunities
- Leads to a digital certificate endorsed by the Chartered Management Institute
- Awards Foundation Chartered Manager (fCMgr) status on completion

Progression

Completion of this qualification can lead to:

- Progression into supervisory, team leader, or first-line management roles
- Roles supporting teams and projects across sport, health, fitness, and business settings
- Opportunities to build leadership confidence and contribute to organisational success
- A strong foundation for further study in management, leadership, and professional development



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ABOUT THE COURSE

What you will learn

- Core leadership and management principles relevant to the sport, health and fitness sectors
- How to lead, motivate and develop teams to improve performance
- Communication strategies to build trust, manage conflict and influence others effectively
- Understanding organisational strategy and how to align team objectives with business goals
- Time management, decision-making and problem-solving in a management role
- Emotional intelligence and self-awareness to strengthen leadership capability
- Professional standards and responsibilities of a supervisor or first-line manager
- Building confidence to step into management and make a positive organisational impact

Cost: £540 - A one-time payment covers the full cost of the course and all learning materials.

Why Choose This Course?

- Fully flexible remote delivery designed for busy sport, health and fitness professionals
- Focused on practical leadership skills that can be applied directly in the workplace
- Supported by experienced tutors with specialist knowledge in management and leadership
- CMI recognised programme with Foundation Chartered Manager (fCMgr) status
- Strong progression into supervisory and first-line management roles

The Aspiring Manager, Future Leader programme is delivered flexibly through remote learning, allowing learners to develop leadership skills around their existing work and personal commitments.

It is designed to build confidence in managing teams, improving performance, and contributing effectively to organisational success within the sport, health and fitness sectors.



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